

Ostomy Pouch Replacement Cartridge (PRC) Routine



Prepare



Step 1: PREPARE SUPPLIES

1. Place supplies on counter within reach.
2. Cut barrier opening to correct size.
(If stoma size is changing measure in Step 3)
3. Remove protective backing from barrier.
4. Remove accessories from packaging.
5. Dampen/wet wash cloth or soft paper towel.



Remove



Step 2: REMOVE POUCHING SYSTEM

1. Empty pouch contents in toilet.
2. Press skin above barrier with fingers and slowly peel barrier down/off.
Caution: Pulling or ripping off barrier may damage skin.



Cover & Contain



Step 3: COVER STOMA & CONTAIN OUTPUT

1. Wipe off stoma if needed.
2. Place Pouch Replacement Cartridge (PRC) over stoma to contain output during change.
3. Inspect skin around stoma for rashes or skin irritation.



Clean & Dry

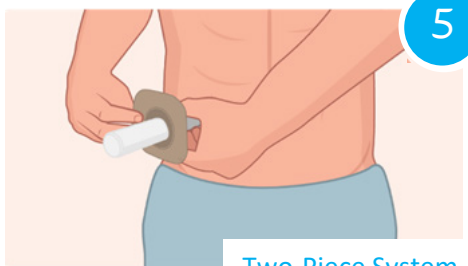


Step 4: CLEAN & DRY SKIN

1. Gently clean skin around stoma with warm water and a soft washcloth or soft paper towel.
(Do not use soaps with creams or oils, oily residue prevents barrier for bonding to skin)
2. Dry skin thoroughly before applying new pouching system.



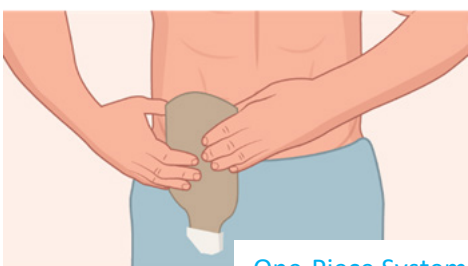
Replace



Two-Piece System

Step 5A: REPLACE TWO-PIECE POUCHING SYSTEM

1. Slide baseplate down the cartridge, press firmly against your skin, smooth out adhesive backing from bottom to top.
2. Use fingers or SecurPress® to press barrier evenly inside flange and around stoma.
3. Remove cartridge and apply new pouch, click on from bottom of ring to top.



One-Piece System

Step 5B: REPLACE ONE-PIECE POUCHING SYSTEM

1. Remove cartridge and apply new one-piece pouching system. Apply from bottom (under stoma) to top, rolling adhesive on to skin.
2. Use fingers or SecurPress® to press barrier evenly inside flange area and around stoma.